ZANNIS
CENTER FOR
PLASTIC SURGERY

Drain Care Instruction Sheet

1. The amount of drainage needs to be recorded. You will need to keep that separate for each drain.
2. Drains may need to be emptied every 4-5 hours. More often if necessary.
3. Open the cap on the drain, allow the bulb to expand. Measure the fluid level in the bulb by observing the numbers on the bulb while holding it upright.
4. The drainage may be red and should become more pink over the next few days. Dump the drainage in the toilet after measuring the amount. Do not save it.
5. Compress the bulb until your fingers touch, then recap the bulb. This will create the suction needed.
6. The drainage system is sterile. Do not rinse the tube or the bulb with anything.
7. The tubing may need to be stripped. This should be done as needed to keep the tube unclogged.
    a. Hold the tube securely at the insertion site with two fingers of one hand
    b. Take your 2 fingers of the other hand and squeeze the tube gently together while pulling down the tube toward the bulb. Make sure you do not pull vigorously and pull out the tube.

Day	Drain # 1			Drain # 2			Drain # 3			Drain # 4		
			Total			Total			Total			Total
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												
13												
14												